



Instructions for Taking Measurements

Visit www.ShopFireflyFabrics.com for a video on how to take measurements properly!

Take your measurements to the nearest 1/2 inch as follows:

1. **Chest/Bust:** measure with arms held down at sides, over fullest part of chest
2. **Waist:** measure at the natural waistline. For men, this should be where you want your pants to sit.
3. **Hip:** measure around the fullest part of the buttocks
4. **Girth:** measure from the center of the shoulder, down the front, through the crotch, and up the back to the starting point
5. **Sleeve length:** measure from the shoulder seam at the top edge of the shoulder (where the sleeve seam would be) down over a slightly bent elbow to the wrist
6. **Arm:** measure around the largest part of the forearm, a couple inches beneath the armpit
7. **Inseam (men only):** measure from the highest point of the crotch (only as high as you want the pants to fit) to where you'd like the pant hem to fall
8. **Outseam (men only):** measure the outside of the leg from the natural waistline to where you'd like the pant hem to fall
9. **Rise (men only):** measure from the top of the front waistband, through the crotch, up to the top of the back waistband
10. **Thigh (men only):** measure around the thickest part of the thigh

